



Disaster Preparedness Checklist

DISASTER KIT	IDEALLY ENOUGH TO COVER UP TO TWO WEEKS, BUT AT LEAST ENOUGH TO COVER THREE DAYS' WORTH
<input type="checkbox"/> Water	One gallon per person per day; additional water should be stored in larger containers for food preparation and sanitation purposes
<input type="checkbox"/> Food	Non-perishable (canned food, dried fruits, nuts)
<input type="checkbox"/> Batteries	Plan for 72 hours of power outage; 24-pack of AA/AAA batteries; 4-pack of C batteries; 12-pack of D-cell batteries; enough 9-volt batteries to refill all smoke detectors in your house
<input type="checkbox"/> Flashlights/Lanterns/Headlamps	Battery-powered
<input type="checkbox"/> Radio	Battery-powered
<input type="checkbox"/> Chargers	Cell phone; laptop; consider a solar charger
<input type="checkbox"/> First-Aid Kit	Pre-made or customized; include medications you or your family needs; copies of prescriptions, medical cards, doctors' contact information and consent forms for dependents
<input type="checkbox"/> Gasoline	If you own a generator
<input type="checkbox"/> Camp Stove	And fuel
<input type="checkbox"/> Pet Supplies	Food, comfort items, medications, kennels, leashes/collars/harnesses
<input type="checkbox"/> Personal Hygiene Items	Toothbrush/toothpaste, deodorant, baby wipes, hand sanitizer, sunscreen, insect repellent, feminine products
<input type="checkbox"/> Multi-Tool	Includes a knife, screwdriver, can opener, scissors, etc.
<input type="checkbox"/> Cooking Utensils	Spatula, spoons/forks, knives, tongs, cutting board
<input type="checkbox"/> Waterproof matches	



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| <input type="checkbox"/> Cooking Supplies | Pots and pans; plates/bowls/cups |
| <input type="checkbox"/> Change of clothes and shoes | Warm, comfortable clothing and sneakers |
| <input type="checkbox"/> Tent/sleeping bags/pillows/blankets | If you have to sleep outside of your house |
| <input type="checkbox"/> Heavy duty plastic bags | Garbage bags and Ziploc bags |
| <input type="checkbox"/> Protective gear | Goggles, dust masks, work gloves |
| <input type="checkbox"/> Fire Extinguisher | |
| <input type="checkbox"/> Toilet Paper | |
| <input type="checkbox"/> Copies of Personal Documents | Insurance policies, home inventory, medical records, birth certificates, drivers licenses, visas (if applicable); stored in a waterproof, portable container and/or electronically |
| <input type="checkbox"/> Emergency cash | Also, traveler's checks |
| <input type="checkbox"/> Whistle | To signal for help |
| <input type="checkbox"/> Spare eyeglasses or contact lenses with solution | |
| <input type="checkbox"/> Road maps | |
| <input type="checkbox"/> Infant/Children's Items | Formula, diapers, bottles, books, games, comfort items |
| <input type="checkbox"/> Paper and pencil | |



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KIT STORAGE LOCATIONS

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|--------------------------|-------------|---|
| <input type="checkbox"/> | Home | The bulk of your emergency supplies should be kept here; keep the kit in its designated place and make sure all family members know where it is |
| <input type="checkbox"/> | Work | Store a "grab-and-go" kit in your desk, including food, water, medication and comfortable shoes |
| <input type="checkbox"/> | Car | In case you are stranded, keep some supplies in your vehicle |